

LUNCH MENU

12:00 p.m to 5:00 p.m

CEVICHEs & SALADS

€ 7,500

QUINOA SALAD

mixed greens | grapes | strawberries
red onions | olive oil & lemon dressing

CURED EGGPLANT BABAGANUSH

roasted eggplant | black olives dust | peperonata | cumin
pita chips | sesame oil | lemon | garlic | tahini

GREEN PAPAYA THAI SALAD

red onions | cilantro | sweet peppers | basil
tomato | lemongrass dressing | peanuts

PUERTO CALLAO SALAD

mixed greens | cured onions | cilantro | tomato
lemon | huancaína dressing | mahi mahi

CEVICHE ACAPULQUEÑO

pinky shrimp | tomato | lime juice
onions | cilantro | tabasco | mango

CEVICHE PERUANO

rocoto puré | red onions | sweet pepper
cilantro | grilled sweet corn

VEGAN GREEN PLANTAIN CEVICHE

coconut pejiyabe | cilantro | tomato | peppers
red onions | avocado | ginger | lime juice
coconut milk | panameño chile | cucumber

MAIN COURSES

€ 16,000

ORIENTAL GRILLED SALMON

jasmine rice | carrots | zucchini
onions | sesame oil

GARLIC CHIPOTLE PRAWNS

a la talla sauce | avocado rice
green onions | tomato

GRILLED OCTOPUS A LA GALLEGA

spinach | kale | grilled tomato | garlic
papas bravas | paprika | roasted onions

WHOLE PACIFIC RED SNAPPER

yuca fries | mixed green salad
chimichurri | chipotle aioli

TERIYAKI BBQ RIBS

asian coleslaw | sweet potato fries | spinach
peanut dressing | chives | red onions | carrots

CHURRASCO ARGENTINO

baked potato | sour cream | chives
bacon | chimichurri | green salad

PICANA SHISH KEBAB

roasted tomato | red peppers | fried rice
red onions | country fries

CHICKEN PARMIGIANA

pesto tagliatelle | garlic | roasted tomato
shaved parmesan

CARIBBEAN MAHI MAHI

coconut curry | green onions | green plantain fufu
cilantro | roasted vegetables

SANDWICHES

€ 8,000

PULLED BRISKET

shredded brisket | grilled onions | roasted peppers
chimichurri | cheddar cheese | chipotle taquera sauce

PHILLY CHEESE STEAK

ciabatta | mushrooms umami | bacon
provolone cheese | garlic aioli | crispy onions

CRISPY CHICKEN

jalapeño tartar | pickles | coleslaw | roasted garlic
citrus dressing | lettuce | onion | cilantro | brioche

BRAISED PULLED PORK

orange bbq | rosemary | chipotle aioli | ciabatta
roasted onion rings | cheddar cheese

GRILLED PACIFIC TUNA

ponzu dressing | lettuce | tomato | wasabi mayo
red onions | sesame seeds | guacamole

TEMPURA MAHI MAHI

asian coleslaw | sesame oil | tomato
pickled jalapeño | smoked avocado sauce

CAJUN BLACKENED TOFU

avocado | tomato | crispy onions | lettuce
cilantro | grilled onions | sesame oil
stir fried vegetables

BURGERS

€ 8,000

SOLUNA

caramelized onions | mushrooms
bacon | provolone cheese | country fries

LA PATRONA

pork spice paty | guacamole | onion
tomato | lettuce | guajillo | jalapeño

BUFFALO

provolone cheese | cumin | paprika | onion
roasted vegetables | smoked garlic aioli

TURKEY COWBOY

swiss cheese | bacon | cole slaw | cured onion
cucumber pickles | jalapeño | avocado sauce
country potato fries

VEGAN

quinoa - chickpea paty | lettuce | tomato
onion | avocado sauce | hummus | pico de gallo

LOCAL DISHES

€ 9,000

ARROZ CON POLLO

cilantro | sweet peppers | country potatoes
achiote | mixed salad

CHIFRIJO

pork chicharron | chorizo | rice | tortilla chips
avocado | red beans | pico de gallo

BISTEK ENCEBOLLADO

lizano caramelized onions | corn rice | cilantro
red peppers | garlic | white corn | plantain cuadrado

CHICHARRON DE COSTILLA



pork ribs | yuca fries | chimichurri
cajun | chipotle aioli



 CAN BE EXECUTED VEGETARIAN OR VEGAN  MILD



REVIEW US! 



ALL PRICES INCLUDES TAX - 10% SERVICE CHARGE IS ADDITIONAL!



OUR RESTAURANTS

 haciendablubeachloungesgrill |  haciendablubeach

 aoi sushi |  aoi_sushi

 soluna_beachbistro |  soluna_beachbistro

 peninsula.cr |  peninsula.cr

 thereddoorcr |  thereddoor.cr



FOODIES!

Tag @soluna_beachbistro on Instagram, or @soluna_beachbistro on Facebook with your favorite foodies and get a free Chiliguaro. Aks your server for details.

MENÚ DE ALMUERZO

12:00 p.m a 5:00 p.m

CEVICHEs & ENSALADAS ₡ 7,500

ENSALADA DE QUINOA

vegetales mixtos | uvas | fresas | cebolla morada
aceite de oliva & aderezo de limón

BABAGANUSH DE BERENJENA CURADA

berenjena asada | polvo de aceitunas negras | peperonata
chips de pita | comino | aceite de sésamo | limón | ajo | tahini

ENSALADA TAILANDESA DE PAPAYA VERDE

cebolla morada | cilantro | chile dulce | albahaca
tomate | aderezo de zacate de limón | maní

ENSALADA PUERTO CALLAO

vegetales mixtos | cebolla curada | cilantro | tomate
limón | aderezo huancaína | mahi mahi

CEVICHE ACAPULQUEÑO

camarón rosa | tomate | limón
cebolla | cilantro | tabasco | mango

CEVICHE PERUANO

pure de rocoto | cebolla morada | chile dulce
cilantro | maíz dulce a la parrilla

CEVICHE DE PLATANO VERDE

plátano verde | pejibaye | cilantro | tomate
cebolla morada | chile | aguacate | jengibre
leche de coco | pepino | chile panameño | limón

FUERTES ₡ 16,000

SALMÓN A LA PARRILA

arroz jazmín | zanahoria | calabacín
cebolla | aceite de sésamo

CAMARONES AL CHIPOTLE Y AJO

salsa a la talla | arroz con aguacate
cebollino | tomate

PULPO A LA GALLEGA

espinacas | col rizada | tomate a la parrilla | ajo
papas bravas | chile | cebolla asada

PARGO ROJO ENTERO DEL PACÍFICO

yuca frita | ensalada verde mixta
chimichurri | aioli de chipotle

COSTILLA A LA BBQ TERIYAKI

coleslaw asiático | chips de camote | espinaca aderezo de
cacahuete | cebollinos | cebolla morada | zanahoria

CHURRASCO ARGENTINO

papa al horno | natilla | cebollino
tocineta | chimichurri | ensalada verde

PINCHO DE PICAÑA

tomate asado | chile | arroz frito
cebolla morada | papas fritas

POLLO A LA PARMESANA

tagliatelle al pesto | ajo | tomate asado
queso parmesano

DORADO DEL CARIBE

curry de coco | cebollino | fufu de plátano verde
cilantro | verduras asadas

SÁNDWICHES ₡ 8,000

CARNITAS DE PECHO MECHADAS

cebolla a la parrilla | chile asada | chimichurri
queso cheddar | salsa taquera de chipotle

PHILLY CHEESE STEAK

ciabatta | champiñones umami | tocineta
queso provolone | aioli de ajo | cebolla

POLLO CRISPY

tártara de jalapeño | pepinillos | ensalada de col
ajo asado | cebolla | cilantro | brioche

CERDO MECHADO

barbacoa con naranja | romero | aioli de chipotle | ciabatta
anillos de cebolla | queso cheddar

ATÚN DEL PACÍFICO

aderezo ponzu | lechuga | tomate | mayonesa de wasabi
cebolla | semillas de sésame | guacamole

TEMPURA MAHI MAHI

coleslaw asiático | sesame oil | tomate
jalapeño encurtido | salsa de aguacate ahumado

TOFU SELLADO EN CAJÚN

aguacate | tomate | cebolla crujiente | lechuga
cilantro | cebolla a la parrilla | aceite de sésamo
verduras salteadas

HAMBURGUESAS ₡ 8,000

SOLUNA

hongos salteados | cebolla caramelizada
tocineta | queso provolone | papas fritas

LA PATRONA

torta de cerdo | guacamole | cebolla
tomate | lechuga | guajillo | jalapeño

BUFALO

queso provolone | comino | paprika | cebolla
verduras asadas | aioli de ajo ahumado

TURKEY COWBOY

queso suizo | tocineta | ensalada de repollo | cebolla curada
pepinillos | jalapeño | salsa de aguacate | papas fritas

VEGAN

torta de quinoa y garbanzos | lechuga | tomate
cebolla | salsa de aguacate | hummus | pico de gallo

PLATOS LOCALES ₡ 9,000

ARROZ CON POLLO

cilantro | chile dulce | papas campestres
achiote | ensalada mixta

CHIFRIJO

chicharrón | chorizo | arroz | chips de tortilla
aguacate | frijoles rojos | pico de gallo

BISTEK ENCEBOLLADO

cebolla caramelizada con lizano | arroz de maíz | cilantro
chile | ajo | plátano cuadrado

CHICHARRON DE COSTILLA


yuca frita | chimichurri
cajún | aioli de chipotle


 SE PUEDE REALIZAR VEGANO O VEGETARIANO  PICANTE


REVIEW US! 


TODOS LOS PRECIOS INCLUYEN I.V.A - 10% ADICIONAL DE SERVICIO!


NUESTROS RESTAURANTES

 haciendablubeachlounge&grill


 aoi_sushi

 soluna_beachbistro

 peninsula_cr

 thereddoorcr

 haciendablubeach

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